



World Cup

WIKF

CURAÇAO 2017

空手道

OCTOBER 4 - OCTOBER 8

World Trade Center - Curacao, DWI

Kata & Kumite Categories:

- Cadet, Junior, under 21, Adult
- Male & Female Veterans
- Tanto Dori

Training Seminars
with World Chief Instructor
Jon Wicks

More information:
william.millerson@gmail.com



The following brochure serves as your formal invitation to attend and/or participate in the 8th WIKF World Cup to be held in Curacao from the 4th until the 8th of October 2017 and aims to provide you with all the necessary information you require to ensure that you, your contestants, your contestants families and friends have a successful tournament and an enjoyable stay here in beautiful Curacao.

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Euclid Landsmark

Kenneth Gaari



Dear WIKF family.

It gives me great pleasure to welcome you all to the beautiful Caribbean island of Curacao for our 8th W.I.K.F World Championships. I would like to thank our President and good friend William Millerson, and all of his team and members of W.I.K.F Curacao for hosting this event, I know from past experience what hard work this involves.

Let us not forget the hard work of all referees – table officials – staff and all other officials involved in making this event a success. Thank you for all your time and effort .Without you all our championships could not take place.

Last but of course not least, the competitors who have all trained hard for our 8th World Championships .I would like to thank all of you and wish you all great success, but please remember, we are all one WIKF family, so please respect each other in the spirit as laid down by our beloved founder Sensei Tatsuo Suzuki.

Good luck to all of you!

Jon Wicks 8th Dan
World Chief Instructor



Dear WIKF members,

It is with great pleasure that Curacao is organizing this 8th WIKF world Cup. As president of the WIKF it makes me more than happy to welcome the whole WIKF family to come to Curacao to participate in this championship, train and also enjoy our beautiful island.

The organizing committee is doing its utmost to guarantee all those coming to Curacao a successful championship and a good stay.

We do hope to see all our members participating this year. Let's celebrate this championship and make it a super championship in honor to the founder of our organization, the late Tatsuo Suzuki Sensei.

I hereby express words of thanks to the Karate Federation of Curacao, which is giving its full support to the organization of this great Wado event.

During 4 days the best WIKF karate competitors including and some world top competitors will be competing for the highest spot on the medal stand. We will also ensure the best referees will be judging the whole event, guaranteeing a safe and fair championship.

I look forward to an event of high standard. It is of utmost importance that we all showcase the sport of karate at its best here in Curacao.

Hopefully quite a few of those competing here in Curacao, will also compete in Tokyo 2020.

Welcome to Curacao and enjoy Curacao to the fullest.

William Millerson, 8th Dan
WIKF President



ABOUT CURAÇAO

Introduction

Colorful Curaçao is a vibrant mix of cultures - from the colonial architecture of the Dutch to the mouth-watering cuisine of the Creole. The island's handsome UNESCO heritage capital of Willemstad offers visitors a window into the past with its pastel-colored houses and cobblestone plazas.

While elsewhere, the island's rolling desert plains hide a myriad of scenic gems, from hidden rocky coves trimmed by massive cliffs, to long sandy beaches flanked by clear blue-green water. Leafy nature trails offer quiet seclusion while music-filled malls bustle with bag-laden shoppers and cut-price deals.

WELCOME TO OUR BEAUTIFUL ISLAND

We have gathered some useful and interesting information about Curaçao which we thought might be useful for planning your trip or getting to know our small but beautiful island.

Besides general information, you can go to the website www.curaçao.com

History of Curaçao

Curaçao, the largest of the now disbanded Netherlands Antilles, was first inhabited by South American Arawaks who were enslaved by Spanish colonists after their arrival in 1499 under Alonso de Ojeda, one of Columbus' lieutenants.

When the Netherlands gained independence from Spain in 1634 the Dutch East India Company seized control of the island, establishing its capital Willemstad on a natural harbor.

Slaves were then imported to provide labor, initially for the salt mines, but subsequently for agricultural plantations and the island changed hands between the Dutch, the British and the French several times during the 18th and 19th centuries, before stable Dutch rule was re-established in 1815.

The abolition of slavery in 1863 triggered economic decline, relieved in 1915 when Royal Dutch Shell built an oil refinery on the site of the former slave market at Asiento. It has been the hub of Curaçao's economy ever since and provided a major source of fuel for Allied forces during WWII.

Curaçao gained self-rule in 1954 as an island territory of the Netherlands Antilles and in 1984, the 30th anniversary of the first elected Island Council saw the inauguration of a national flag and anthem; then 21 years later islanders voted in favor of separate status, which was finally confirmed by the dissolution of the Netherlands Antilles and the creation of Curaçao as a country within the Kingdom of the Netherlands on 10 October 2010.



Did you know?

- Curaçao also includes the uninhabited island of Klein Curaçao.

Capital: Willemstad.

Government: Autonomous within the Kingdom of the Netherlands.

Head of state: King Willem-Alexander since 2013, represented by Governor Lucille George-Wout, since 2013.

Head of government: Prime Minister Bernard Whiteman since 2015.

General information

Electricity:

The voltage on outlets in Curacao is 120/127 volts AC, 50Hz. American-style plugs with two flat pins (with or without round grounding pin) are used. Hotels may also have a 220 volts outlet for shavers. Travelers are advised to bring along a power converter and an adapter.

Water

The tap water in Curacao is of excellent quality and you can drink from any tap. Bottled water is available at all supermarkets, snack bars and kiosk.

Airlines

Curacao is quick and easy to reach by plane. Most mayor airlines fly to Curacao.

Currency

Curacao currency is the Antillean guilder (also called the florin), which abbreviated as ANG.

US dollars circulate freely, so it is possible to get by using only American dollars or credit cards

Exchange rates may vary slightly at stores and hotels. You can find daily exchange rate information at one of our local banks and/or are listed in the daily papers. Visit www.centralbank.cw for the current exchange rates.

Euros are accepted at some hotels and restaurants, but unlike US dollars, they do not circulate freely.

Mayor credit cards are accepted almost everywhere on the island.

Religion

The majority of the population is Roman Catholic, with Protestant minorities, both evangelical and other low-church denominations. There is also a Baha'i temple and a synagogue.



Social conventions

The social influences are predominantly Dutch, combined with Indian and African traditions. Men wear tropical lightweight suits for business appointments and formal wear for evening engagements. Similarly, women should take some evening wear, but dress for daytime is casual. Swimwear should be confined to the beach and poolside.

Language

Dutch is the official language. Papiamentu (a mixture of Dutch, Spanish, Portuguese, English, Arawak Indian and several African languages) is the lingua franca; English and Spanish are also widely spoken. There are 50 different nationalities.

Weather & climate

The temperature is throughout the year 30°C, but tempered by cooling trade winds though humidity is still around 75%. The main rainy season is from October to December. The annual mean temperature is 27.5°C (81.5°F) with rainfall 515mm (20 inches). Curaçao lies outside the Caribbean 'hurricane belt'.

Local travel

When taking a taxi, always check that it is a registered one and negotiate the price before taking the ride. Most taxis do not have meters.

Road travel / parking

If you are renting a car in Curacao, it is important to pay attention to the parking arrangements. Traffic drives on the right-hand side. Main road conditions are relatively good, but roads can become slippery when wet. You will need to pay for parking throughout the city center.

There are parking meters that tell you exactly how much and how to pay throughout the city. Make sure you adhere to them because the city pursues a strict parking policy. A parking fine may be imposed but depending on where you parked your car, this may also be towed away.

And this is a costly and unpleasant experience.

Mobile calling

When in Curacao, you may use the local network with your own mobile telephone. The cost for mobile telephone calls depends on your own service provider. You can also buy a prepaid phone card. These cards are available at various prices at supermarkets, gas stations and phone shops.

International Dialing Codes

The country code of Curacao is +5999.

If you want to call a number abroad from Curacao, dial "00" followed by the country code.

Internet

Curacao has numerous places where you can use a computer with internet access, including internet cafes, libraries and almost any hotel. Nowadays many restaurants, lunch room, coffee shops also offer free WIFI services.



Curaçao Visa and Passport Requirements

All tourists need an ongoing ticket and sufficient funds.

Passports

To enter Curaçao, a passport valid for at least six months after the intended stay is required by all nationals.

Visa

Please contact your embassy or consulate for inquiry about visas.

Please note that visa, transit and entry requirement vary from country to country, and can change with little or no notice. The resources listed on this page are intended as a guide, but please refer to the relevant embassy or consulate for the most up to date information.

It is the responsibility of the traveler to obtain a visa and comply with all requirements and the organizing committee shall accept no liability for any guarantees and/or necessary procedures.

Insurance & Liability

No insurance is concluded for the participants (athletes, coaches, umpires, assistants, members of the delegations, visitors, etc) related to at the championships. We draw explicit attention to the fact that all participants and members of the individual delegations have to take out their own personal insurance (liability insurance, health insurance, travel insurance etc.). The organizing committee will not assume any corresponding cost and rejects any form of liability.

Shops

Most of the shop opens at 09:00 and close during lunch time (12.00 – 14.30pm), with the exception of supermarkets.

Banks

Opening hours' banks: from Monday through Friday 08:00 – 15:30 pm, some banks are open on Saturday morning as well (09:00 – 13:00 pm).

Prevent bug bites

Bugs (like mosquitoes, ticks, and fleas) can spread a number of diseases. Many of these diseases cannot be prevented with a vaccine or medicine. You can reduce your risk by taking steps to prevent bug bites.

What can I do to prevent bug bites?

- Cover exposed skin by wearing long-sleeved shirts, long pants, and hats.
- Use an appropriate insect repellent (see below).
- Use permethrin-treated clothing and gear (such as boots, pants, socks, and tents). Do not use permethrin directly on skin.
- Stay and sleep in air-conditioned or screened rooms.
- Use a bed net if the area where you are sleeping is exposed to the outdoors.

What type of insect repellent should I use?

- **FOR PROTECTION AGAINST TICKS AND MOSQUITOES:** Use a repellent that contains 20% or more DEET for protection that lasts up to several hours.
- **FOR PROTECTION AGAINST MOSQUITOES ONLY:** Products with one of the following active ingredients can also help prevent mosquito bites. Higher percentages of active ingredient provide longer protection.
 - o DEET
 - o Picaridin (also known as KBR 3023, Bayrepel, and icaridin)
 - o Oil of lemon eucalyptus (OLE) or PMD
 - o IR3535
- Always use insect repellent as directed.

What should I do if I am bitten by bugs?

- Avoid scratching bug bites, and apply hydrocortisone cream or calamine lotion to reduce the itching.
- Check your entire body for ticks after outdoor activity. Be sure to remove ticks properly.



Downtown Willemstad on the Punda side, the capital of Curacao.



ACCOMODATION

Hilton Hotel

Group Features

- Complimentary welcome drink upon group arrival
- American Breakfast daily
- Complimentary in-room safes to fit your laptop
- Complimentary use of the tennis court during the day
- Complimentary use of the fitness center and sauna during 24 hours
- Complimentary use of towels and chaise lounges at the pool and beach
- Complimentary Casino Match Coupon
- Complimentary parking
- Guestroom rates are extended 5 days pre and post group. (subject to availability)

HOTEL CONTACT INFORMATION

Contact Name: Ursula Dorothea - sales coordinator
 Email Address Ursula.dorothea@hilton.com
 Phone (+5999) 462 5000 ext 6011

Room type	Single room	Double room	Costs	Additional person
Island view	\$145.00	\$155.00		\$20.00
Ocean view	\$155.00	\$165.00		\$20.00
Executive Island view	\$169.00	\$179.00		\$20.00
Executive Ocean view	\$189.00	\$199.00		\$20.00
Junior suite	\$229.00	\$239.00		

ADDITIONAL INFORMATION

- *Internet at complimentary
- *Double points for meeting planner
- *1 room complimentary with 30 rooms booked
- *1 free upgrade to junior suite with 25 rooms booked
- *1 Free junior suite and 2 free upgrade to Executive room with 80 rooms booked
- *2 free upgrade to Executive room with 100 rooms booked
- *Free Welcome amenities in room for VIP (max 2) with 50 rooms booked



H- HONORS MEETING PLANNER POINTS

Earn points and miles with any eligible stay at one of the Hilton family hotels when you are a H-Honors member.

Depending on your tier and the availability on hotel level you can enjoy upgrades and access to executive lounges where available. H-Honors is the only program offering “double dipping” (points and miles) and is valid in over 3500 hotels worldwide.

RELEVANT WEBPAGES

Hotel webpage curacao.hilton.com

Island Video

<https://www.youtube.com/watch?v=TgvwYXnt3C0>





Piscadera Bay Resort

Basic bungalow (A) max. 4 persons: US\$ 200

A comfortable standard bungalow with 2 bedrooms, 1 bathroom, living room with open kitchen and covered porch.

An excellent bungalow if you are looking for affordable comfort.

Comfort bungalow (B) max. 4 persons : US\$ 220

Spacious bungalow with 2 bedrooms, 1 or 2 bathrooms, living room with open kitchen and a large covered porch.

Comfort + bungalow (C) max. 5 persons: US\$ 250

These large bungalows have 3 bedrooms and 2 bathrooms, a large porch and living room open kitchen.

All prices are in U.S. Dollars per bungalow per night.

What is all included ?

- Rental of the bungalow
- 7% government tax
- Use of electricity and water
- Final cleaning/linen
- Private garden of 600 to 700 m2
- Free Wi-Fi in each bungalow
- Access to the private beach Pirate Bay
- 24 -hour security service
- Reception desk at the resort
- Concierge service at the resort
- Private parking next to the bungalow

Marian Rommens
Piscadera Bay Resort
Piscaderabaai, P.O. Box 6109
Curaçao
Tel : +599 9 462 6303
Fax : +599 9 462 5962
Website : www.piscaderabayresort.com





Clarion Hotel & Suites

Nightly room rates at USD 85.00 (Including tax and breakfast for 2 persons)
Rates are based on double occupancy. For occupancy of 3 persons and additional daily amount of USD 39.87 will be charged.

For reservations>: reservations@clarionhotelcuracao.com

www.clarionhotelcuracao.com





AIR FRANCE & KLM Global Meetings

For all those travelling from Europe the following information and instructions are very important to obtain discount on your travel from Europe to Curacao. Do mind that there are daily flights from Amsterdam to Curacao. The respective airline codes are AMS and CUR.

If the attendees book online:

Your attendees can now visit the following website <http://www.airfranceklm-globalmeetings.com/?eid=29571AF>, benefit from discounted flights and book online. Insert [this link](#) in the event website to make the participants' access to our online booking easier.

If the attendees buy their ticket via an agency:

If an agency is in charge of the tickets emissions, please make sure that the attendees are aware of all the information they need to buy their tickets, in particular the agency contact details (documentation in the above communication kit).



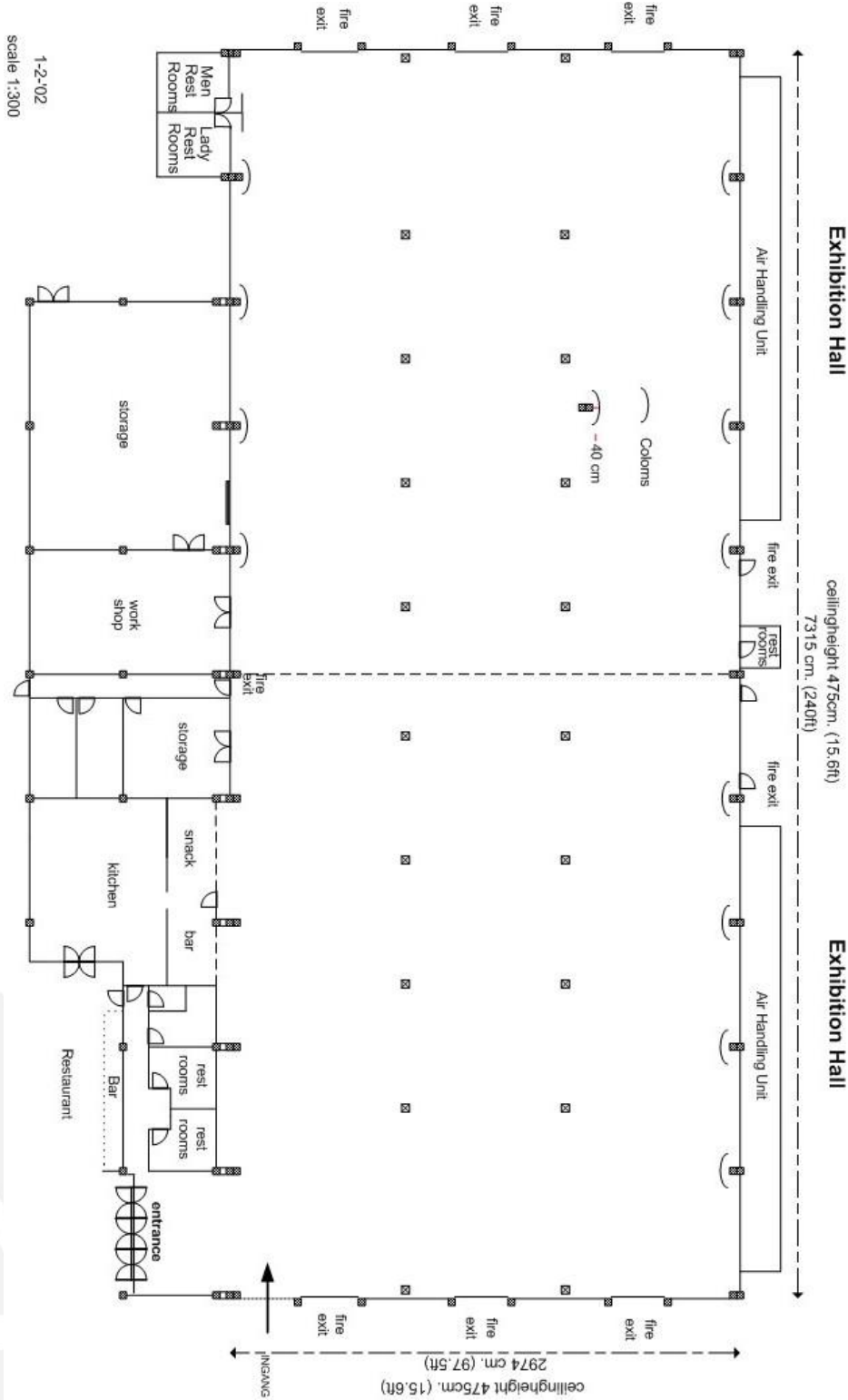


COMPETITION VENUE

World Trade Center Curaçao

Business and Conference center





PROGRAM

TIME	EVENT	LOCATION
WEDNESDAY 4th October		
17:00-19:00	Seminar with WIKF world Chief Insrtuctor Jon Wicks 8th Dan (LIMITED AVAILABILITY)	WORLD TRADE CENTER (WTC)
THURSDAY 5th October		
10:00-12:00	Seminar with WIKF world Chief Insrtuctor Jon Wicks 8th Dan (LIMITED AVAILABILITY)	WORLD TRADE CENTER
13:00	Athletes registration, Weigh-in and rceipt of competitor passes	Hilton Hotel
15:00-17:00	KATA/TANTO DORI WIKF referee meeting and explanation	Hilton Hotel
17:00-18:00	KUMITE referees meeting and briefing	Hilton Hotel
18:00-20:00	Coaches meeting	Hilton Hotel
19:00-21:00	General Assembly	Hilton Hotel
21:00	Welcome reception	Hilton Hotel
FRIDAY 6th October		
09:00-13:00	Kata Eliminations and Tanto dori	WTC
15:00-17:00	Youth KATA finals	WTC
19:00-19:30	Opening Ceremony	WTC
19:30-20:30	KATA finals and TANTO DORI finals	WTC
18:00-19:00	MEDAL CEREMONY	WTC
SATURDAY 7th October		
09:00-16:00	Eliminations and repechages Individual Kumite	WTC
19:30-20:30	Individual kumite finals	WTC
20:30-21:30	MEDAL CEREMONY	WTC
SUNDAY 8th October		
09:00-10:00	Open Kumite men & Women	WTC
10:00-13:30	Elimination and repechages Kumite for teams	WTC
14:00-15:00	Elimination - Champions Cup	WTC
16:00-18:00	Finals	WTC
18:00-19:00	MEDAL CEREMONY	WTC
20:00-24:00	SAYONARA PARTY	Hilton Hotel
Times are for guidance only and are subject to change.		



COMPETITION & TRAINING FEES

INDIVIDUAL KUMITE	\$ 60.00 per athlete
KATA	\$ 60.00 per athlete
TEAM KUMITE	\$ 85.00 per team (3 man)
TANTO DORI	\$ 70.00 per team (2 man)

Registration from Friday 31st May 2017 until 31st July 2017.

Registration after 1st of August is on a limited basis and at the sole discretion of the Tournament Director a late fee of \$10.00 will be added to the fees detailed above.

SPECIAL TRAINING WITH SENSEI JON WICKS WORLD CHIEF INSTRUCTOR

Wednesday 4th & Thursday 5th of October 2017

\$ 50.00 per athlete (one session).
\$ 70.00 per athlete (both sessions)

This will be a unique opportunity for all of the Wado karate family to train together with Sensei Jon Wicks.

The participation of each and every one will reflect the passion and dedication of all of us towards the WIKF as personified by its founder Prof. Tatsuo Suzuki Sensei.

Note: Spaces are limited so pre-registration is required to avoid disappointment.

AGE & WEIGHT CATEGORIES

CADETS				JUNIOR	SENIORS	VETERANS
8-9 years	10-11 years	12-13 Years	14-15 Years	16-17 Years	18-34 Years	+35 Years
Kata	Kata	Kata	Kata	Kata	Kata	Kata
Kumite Individual Male	Kumite Individual Male	Kumite Individual Male	Kumite Individual Male	Kumite Individual Male	Kumite Individual Male	Kumite Individual Male
-30kg +30kg	-35kg -40kg -45kg +45kg	-47kg -52kg -57kg +57kg	-52kg -57kg -63kg -70kg +70kg OPEN	-55kg -61kg -68kg -76kg +76kg OPEN	-60kg -67kg -75kg -84kg +84kg OPEN	-75kg -84kg +84kg
Kumite Individual Female	Kumite Individual Female	Kumite Individual Female	Kumite Individual Female	Kumite Individual Female	Kumite Individual Female	Kumite Individual Female
-30kg +30kg	-33kg -38kg -43kg +43kg	-45kg -50kg -55kg +55kg	-47kg -54kg +54kg OPEN	-48kg -53kg -59kg +59kg OPEN	-50kg -55kg -61kg -68kg +68kg OPEN	-55kg -61kg +61kg g
		Team Kumite (Male)	Team Kumite (Male)	Team Kumite (Male)	Team Kumite (Male)	
		Team Kumite (Male)	Team Kumite (Male)	Team Kumite (Male)	Team Kumite (Male)	
					TANTO DORI	

- Note: 1. In team events athletes may participate in the category above their own age category e.g. a 14-15 year old can participate in 16-17 year age category.**
- 2. In the categories until 13 years each team will consist of 3 + 1 competitor.**
- 3. In the categories of 13 years and over, each team will consist of 3 + 1 competitor.**

COMPULSORY KATAS

1st Round			2nd Round
Age	Female Kata	Male Kata	Female and Male
Cadet Up to 9 years old	PINAN SANDAN	PINAN SANDAN	ONLY PINAN KATAS UNTIL 11 YEARS. 12-13 YEARS ADDITIONALLY KUSHANKU, NAHANCHI, CHINTO, SEISHAN
Cadet 10-11 years old			
Cadet 12-13 years old	PINAN YODAN	PINAN YODAN	
Cadet 14-15 years old	PINAN GODAN	PINAN GODAN	PINAN OR SUPERIOR KATA
Junior 16-17 years old	CHINTO	KUSHANKU	CHOOSE ONLY SUPERIOR KATAS
Senior 18-34 years old	NISHEISHI	WANSHU	
Veteran 35 and over	JITTE	ROHAI	

ALL KATAS MUST BE PERFORMED AS TRADITIONAL WIKF KATAS ANY DEVIATION

TANTO DORI

Tanto-Dori Rules

1. Maximum 2 (two) teams per Country.
2. 2 Members per Team (can be mixed)
3. First one member of the team must attack with two techniques: one technique from number 1 to 5 and one technique from number 6 to 10.
4. After the second attack the defender must obtain the knife and the change the attack: he/she must also do two techniques: one technique from number 1 to 5 and one technique from number 6 to 10 (these must be different to those executed by their team member)
5. After the second attack of member two, member one must regain the knife thereby ending the demonstration
6. There will be two teams: team AKA and team AO; team AKA will start Flag system will be used.
7. For those teams making it through to the second round each team member must again perform 2seperate techniques from 1-10.
8. Finals are Free and as such Finalist may revert to previous techniques.

No repetition of technique is allowed and any technique previously carried out by the team cannot be used again even if it is carried out by a different team member. Those teams making it through to the second round will have effectively demonstrated 8 out of the 10 possible techniques.



COMPETITION RULES & REGULATIONS

This event is only open for WIKF members.

In Individual Kumite, each country can enroll a total of 5 competitors per category/weight/height. This tournament will be run according to the WKF rules of competition Kumite.

The application of rules will be the responsibility of the referees with international qualifications of the WKF or EKF;

Each country or delegation can enroll his own referees and judges, as long as they are properly certified by their respective national federations or by PKF-EKF-WKF.

In Team Kumite, each country can enroll a total of 3 teams per country in different categories. This event is only open to WIKF members:

In the Cadet 12-13, Cadet 14-15 and Junior 16-17 categories the teams should consist of 3 main competitors + 2 alternate competitors. However, it's possible to participate in the competition with only 2 main competitors;

In Senior categories (18-34) the team must be composed of 3 main competitors +2 alternate competitors.

The competitors are only allowed to participate in their own age category in individuals, but can compete in the age above in team events.

In Individual Kata, each country can enroll a total of 5 competitors per category. The official rules of WIKF will be used with a numeric score card. This event is only open to WIKF members:

In the 1st round, the competitor must perform the obligatory kata defined in the list for the category;

In the 2nd round the competitor must perform a kata of his/her choosing which must be different from the kata performed in the 1st round. In the Cadet category (up to 9 years), Cadet (10-11 years) and Cadet (12-13 years), in the 2nd round it is obligatory to choose only Pinan Katas. In Cadet Category (14-15 years) the competitors can choose, in the 2nd round, either a Pinan or Superior Kata.

All other categories (Junior, Senior and Veteran), in 2nd round the competitor must choose a superior Kata.

If there is a 3rd round, the Cadet competitors can repeat the kata performed in the 1st or 2nd round, or perform a new kata. Junior, Senior and Veteran competitors, in case there is a 3rd round, must perform a different (new) kata from the one performed in the 1st and 2nd round.

In case of a tie, in any category, the kata to break the tie must be different than the kata performed in the previous round, except in Cadet (up to 9 years), Cadet (10-11 years), Cadet (12-13) and Cadet (14-15) categories, where one of the previous Kata can be repeated.



TANTO-DORI.

In Tanto-Dori competition, each country can enroll a total of 3 teams per country. Again this event is only open for WIKF members.

This is only for seniors and Veterans (starting at 18 years of age);

The team is composed of two members either male or female;

The first member of the team must perform two attack techniques: one from number 1 to 5 and one from number 6 to 10;

After the second attack the defender must retrieve the knife and then change the attack. He must also perform two techniques: one from number 1 to 5 and one from number 6 to 10;

After the second attack of member number two, member one must retrieve the knife, ending the performance;

There will be two teams: team AKA and team AO. Team AKA starts;

The flag system will be used

Each coach must be properly registered with WIKF and follow these procedures:

Good to know.

It is only allowed for 1 coach to be next to the tatami by category, fully dressed with sports garment of its country;

Each coach must wear, at all times, the official identification accreditation, in order to remain next to the Tatami;

Only 5 coaches per country are allowed in Kumite and Kata;

Only 2 coaches per country or delegation are allowed in the general coach reunion.

All the competitors are obliged to present, during the delegation registration, the identity card and the WIKF passport. Non presentation of these documents will mean no participation in the event.

All the competitors of individual Kumite are obliged to present themselves to the weight and height control in the category that they are registered in. The control of weight and height will be very strict.

No change of category due to exceeding or being below the athlete's weight will be allowed during the control period.

Changing from one weight or height category to another is only possible, (at no charge) when a properly justified report is prepared by the head representative of the country or delegation and handed to the organization committee, before the 30th of August 2017.

The organizing committee of the event has the responsibility of resolving any problems that may occur during the event.



Protection

The obligatory protection for each event will be as defined in the official competition rules.

Gloves, leg and foot protection must be of red or blue color. Mouth guards, chest guards must be used by female contestants and groin guards for male contestants. Anyone not complying with these regulations may be expelled.

